



YOUTH & YOUNG ADULT STABILIZATION AND TRANSITIONAL ACCESS TO RECOVERY (YAYA STAR)

This 30–60 day live-in program offers short-term stabilization for youth and young adults following substance use treatment or detox. It's a safe space to explore what matters most in recovery and life goals.

Residents can participate in a range of optional activities, along with one-on-one check-ins and a personalized care plan tailored to their specific needs.

This program is located at the Phoenix Centre in Surrey, BC.

OVERVIEW

- 30–60 day live-in program
- For male-identifying, non-binary, and two-spirited individuals
- Ages 17–24
- One-on-one case management and care planning
- Optional group programming, recreation, and peer support
- Meals provided
- Open to BC residents
- Substance free environment

ABOUT PHOENIX

Phoenix Society provides mental health and substance use support to individuals to enhance well-being. We do this by addressing the social determinants of health and by fostering stronger community connections and inclusion. We meet people where they're at and create a safe environment to take action towards their goals. Our programs and services span prevention, early intervention, harm reduction, treatment, recovery, housing, employment, community inclusion, health care and education.

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📍 Surrey, BC

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YOUTH & YOUNG ADULT STABILIZATION AND TRANSITIONAL ACCESS TO RECOVERY

Are you 17-24 and looking for support with your goals, mental health and substance use?

WE CAN HELP



**PHOENIX
SOCIETY**



EXPLORE WHAT MATTERS TO YOU

Residents are encouraged to explore activities, build relationships, and access the supports that make sense for them. They have access to:

-  Sports and gym equipment
-  Health care
-  Music therapy
-  Employment and education support
-  Onsite Indigenous Healing Grounds
-  Service navigation
-  Life skills building
-  Gaming and recreational activities
-  Shared meals
-  Sweat lodge



HOW TO PARTICIPATE

If you're interested in YAYA STAR, your care team can email admissions@phoenixsociety.com. A referral is needed, and forms will be sent to you. Admission is voluntary. Priority is given to Indigenous youth, those from Vancouver Coastal Health, and individuals with urgent needs.

Phoenix offers a pre-admission meeting via phone or video conference to answer any questions you may have. Get in touch with our team for any support needed.



WHY TRY YAYA STAR?

At YAYA STAR, young people are supported by a compassionate, 24/7 team. The Phoenix team helps residents establish daily routines, stay focused on their personal goals, and create space for connection, reflection, and personal growth.

Youth are encouraged to participate in the program in a way that makes sense for them, without pressure to follow a specific path.

The Phoenix team uses proven, trauma-informed approaches to support people through tough moments. We build trust through respectful conversations and use tools like motivational interviewing to help each person feel more empowered and confident.

At YAYA STAR, young people are supported to lead their own journey with care, dignity, and choice.

WHAT TO EXPECT

After joining the program, each person connects with a Phoenix team member who walks them through what to expect and how to get ready.

In the first two weeks, residents help create a care plan based on their goals. This can include health care, medication services, managing withdrawal, social supports, and options for recovery or harm reduction. We do our best to make the process feel easy and supportive, and our team is here to answer questions and help you feel prepared.

